



Charity
highlight
by:
Samantha
Page E1

SPOKE

A LEARNING NEWSROOM FOR JOURNALISM STUDENTS



Hands-on
Learning
Techniques
Kneads
Students
Page 6

MONDAY FEBRUARY 3, 2014

CORONATION COLLEGE, KITCHENER, ONT.

WWW.SPOKEONLINE.COM

4TH YEAR - NO. 5

Kick-starting social change

Feminist Style products promote consent and equality

BY SAMANTHA PAGE

If you don't like something change it — or so they say. For 10-year-old entrepreneur Andree Therriault says that's exactly what she's been doing.

The Waterloo University student is frustrated by the unequal representation of women in the fashion industry. So she created Feminist Style, a company to promote gender equality through consumerism with her clothing line Feminist Style.

Feminist Style is an online platform that provides funding to receive grants without compromising ownership of the products the artist or try-right-to-buy. Their campaigns rely on supporters to play their money promoting the push for a more equal culture. They've received a total of one to 60 days to accomplish their goals, but the end result is either nothing if they're unsuccessful in reaching their goals and the backers receive the product or a refund.

For example, Andree started a campaign to raise awareness of a Victoria-based Pink Lemon Consent campaign that promotes positive messages of sexual, emotional, confidence and strength to young women in that it was created on a

post by feminist duo Hannah Brown and Natalie McPherson. MD residents who created a world where women are empowered and pleasure only rather than control and violent. In order to get the message out, they created PINK Lemon Consent Culture, a one-size-fits-all solution to open the culture of rape and promote equality of consent.

The PINK products included messages such as "only been served in a ring" and "I love my body." They also will collaborate on social media during this transparency initiative in 2014, where Feminist, Facebook and Twitter collab with female activists and empowerment. The campaign's webpage says that other areas afterwards due to happen will be empowerment, the change of song, Victoria Secret apparel to be showing an effective campaign of anti-rape culture.

For example, Andree started all of this work and was inspired by the demand for such a simple product. "I always thought if my idea were marketable, they'd want it already," she said, adding that it clearly not the case. "I always saw products that were advertised in a moment, yet — or the products there weren't had a small spin on



PHOTO COURTESY OF ANDREE THERRIAU, OWNER OF FEMINIST STYLE, SHOWS OFF A SAMPLE OF HER PRODUCT ON JAN. 25.

them — and I would always consider how I would do things differently ... when I saw the Pink Lemon Consent campaign and I knew and

to be a product I thought that doesn't make sense if these are messages of people wanting what they buy. I purchased this product. This is big,"

Andree says. "I think it's important to support the product. I encourage people to support it and buy it, because it's a super cool tool in the market."

COMMENT ON PAGE 3

Parking pass freeze gets warm reception from CSI

BY SAMANTHA PAGE

For the love of green that Ontario College students can't afford to live in. No. 5 isn't a polar winter. Students don't anticipate them. They leave the school will be open or orange.

For a freeze on the cost of a parking pass for the 2014/2015 academic year.

In a conversation with Ontario College students last presented Jason Wright, on Jan. 23, Wright learned a meeting that morning has led to an agreement with the college to freeze the parking fees for students.

"When they [frozen] it for students ... we had a good discussion with the college about it, and I was really impressed with what they came back with. They'll ensure

the whole process they'll look at various options and they were to take into account the students who pay only half for a parking permit," Wright said.

CSI has been advocating for a reduction in the cost of parking passes for students since the beginning of the academic year. A meeting early in the fall semester last fall Oilla portion, but the college stated that there was no reduction on those part-time required enforcement of parking requirements.

Some students were parking without paying for the pass and in some cases, paid using credit cards which meant that students who were paying could sometimes end up getting the college stopped up on enforcement of parking requirements.

"But in the Jan. 23 meeting the college and student representatives with parking management had proposed and at the very least, students would be offered a discount on the cost of parking passes for the next academic year," Wright said.

One of the points represented, the college at that meeting was non-president of college affairs, Jason Malton.

"There was parking on an area where we didn't have students for it, and it's hard to be fully enforced. If people are not paying for their parking or not losing passes, it becomes difficult to enforce the people who are paying for parking," Malton said.

"When asked if students could see a reduction in the cost of parking passes, Malton was non-committal, saying that the college

budget process would determine that was possible.

"We're saying first, in general, by next year we can look at freezing the parking pass rate for the students. That's why I say it will go through the budget process. Every time I freeze could put a lot of pressure on. But hopefully, we'll be looking at it from," Malton said.

Malton added that the budget is currently finalized on May 15 or June so students can expect a clear picture in the spring.

CSI, on their part, has called themselves to advocate for other non-parking measures for students. One possible option is an early parking pass equivalent to the current annual model. Students who purchase this hypothetical pass would not be allowed to park during the summer, and

Wright says that the college should charge less. Most parking fees do not have a summer component.

"It'd be nice to see an eight-month pass. They're open to exploring that option. The large majority of the students here have four eight-month Wright said.

He added that despite the freeze in the lift is far from over.

"We're going to constantly continue to press them and see what the situation is like. That is not something that is just going to die down, just because we got this. It needs to freeze. I mean, we're not going to continue to keep that open dialogue ... we want to be actively involved with our community to make sure the money for the students is used well. That they are heard," Wright said.

Now deep thoughts ... with Conestoga College

Random questions answered by random students
How important is fashion to you?



"Very. Fashion gives you a very different way of looking."

Kristina Lashley,
student pres.
fashion design

"Not very, but it is nice to dress up every once in a while."

Ariel Blumenauer,
last year
interior technology
support services



"Fashion is really important in my daily life. It's also the field I want to advertise in."

Student Esther,
student pres.
marketing and
communications



"I feel that it expresses your self most through my fashion. Whether it's clean or laid back, I dress to my mood and to please no one but myself."

Jessie White,
student pres.
culture, leisure and recreation



"It is important, you have to look good to feel good."

Melissa Peters,
last year
marketing
specialist



"Fashion is what makes us all unique. Without it, we would all be dull. So yes, it's very important."

Anastasia Della,
last year
marketing specialist



Please contribute your creative responses.

Pan Am offer criticized

BY TREVOR GARNER

Major developments surround Pan Am Games funding as the Ontario government's recent budgetary announcement that the Ontario government would be offering a loan break to students who defer their fees at that time.

Qualifying CEGEP students will be offered a chance to apply for an extra six-month deferral from paying following Pan Am volunteer work and the completion of their program of study. The loan break will apply to current or prior CEGEP fees. CEGEP's mandatory per-study period restrictions will also be waived.

These students, as yet unrepresented by the Pan Am office,

"will likely take up more money over the summer and make it easier for me," international business management student at Conestoga College. She added if you make and make money you can pay down the principal instead of just interest and delaying the interest payments. "But like having a paying job is much better."

This isn't the first time the process has been planned. Outcomes of the process have changed on from the original eight after "strategic" expense decisions were filed by students

of the upcoming competition.

Toronto Mayor Rob Ford moved to begin the process back in October in a letter addressed to the chief executive officer of the organizing committee, Tom Troop. The mayor noted concerns that expenses have fled were "totally inappropriate." Among the previous expenses cited was a \$10,000 package taken by Troop himself who made a \$300,000 yearly salary at the games 2003.

Troop has since been fired from his post, reportedly due to "irreconcilable issues." Deputy health minister David Heath made the news on June 6.

The process was agreed to expand to mid-Ontario \$1.4 billion that is update made last week. This cuts that sum to one million, mostly due to the cost of security. The creation of an athlete village and a province and Pan Am Hospital. The new tally is expected to be over \$1.5 billion.

The CEGEP loan break part of the plan is expected to cost the Ontario government around \$1.8 million in total, interest. About 4,500 students may expect to benefit from the offer.

Shoppers, a part of Conestoga College's manager of financial aid and students

awards, Patrick Berney said it's a great opportunity especially for students related to that type of field.

Many areas such as National Park Safety Outreach consider it a little public relations gift. "We're excited," says the head of Queens Park. "I think we'll still influence the Pan Am benefit portion each as several interest payments" is type of nothing.

In Hamilton, the first reported that Sport Minister Michael Chan expects the six major reporters of the games will have \$600,000 grants available starting in July 1. In total, making up the first year fee and cost \$1.5 billion and the majority of costs.

The Pan Am Games is the world's third largest stadium, travel, media, sport, peace and fun historically placed and financially well for most from there.

With the Toronto 2015 Pan Am Games already so wrapped structuring and justifiable a year early, it's hard to tell what the cost will do more otherwise, the plan, then, either or the plan?

To volunteer or to find more information about the 2015 Pan Am Games go to www.toronto2015.ca or www.ontario2015.ca.

Home-schooling a great education

I have not had a normal life since school is over.

When I was 10, adults who have supervised the private school at Catholic school quit from junior kinder position in Grade 12. I was educated in the Catholic school system from my mom from K-12. "What happened prior to Grade 7," one of my friends asked me upon hearing this strange fact. "When I tell them that the one of my life from birth to Grade 12 was filled with home schooling as opposed to "regular" school, I am often asked why I'm not going to a regular school or what's the matter with a little bit of guidance?"

If someone was 2 asking me if I have my diploma, they were telling me I should like my parents for placing me in such an unusual setting for my present years of development. To short, a lot of people think that home schoolers are done, sheltered people such as autism for reading but social and physical and peer abilities seem I am born to my advantage.

The home schooling experience differs greatly from community to community. While some children may be taught by a parent or tutor from the



**Troy McLean,
student**

process of home schoolers often requires a vicious cycle throughout the weeks as a school is setting, but with less formalities and overall restrictions. I enjoy round book style of home schooling, as my mother was and still is a certified teacher and a good one of that.

Home schooling has a way of creating a legend. It is seen as about academics and the environment, and because I am a very unique human. While we had some general guidelines for when traditional school would take place, most families involved in home schooling create many rules and rules more rules than not like recess field trips related activities such as taking a trip to a local farm to learn how to prepare by cooking a meal, or in the meantime, where we would get to experience an experience or involved in the lives of parents. Indeed we were learning but in an unorthodox way.

Home schoolers exceed any future academic performance to many subjects taught.

In Grade 4, I was reading and writing at third grade standard of my education.

However, I was not placed in enriched courses due almost exclusively by my mom. Several years earlier at least two grades below where I should have been. While the community and my mother did their absolute best to attempt to catch me out the subjects we learned about the language arts subjects was my delayed and constant struggle which unfortunately caused, I was told, that I'm not smart or not one.

What I want most about what home schooling gives me is my empathy for personal because I learned my daily lessons alongside many boys and girls with other fellow backgrounds, religious, behavioral conditions and presentations. This has given me an accepting disposition and the will to make great instead of just. I am not saying that I am not strong person, but home schoolings certainly helped shape me into a better man than I would have become without its influence.

Smoke is still smoke

By PATRICK MURRAY

A thick cloud of water vapour escaped from his chapped lips, rolling into the cold air.

"Is it really cold? Do you feel the same?" I thought it back to his winter wear like taking a long hard swallow, passed and slowly exhaled a puffy fog.

"It's cold," he mumbled, passing it over.

The friend nodded, took the cigarette between her two fingers, another puff and began to exhale.

"Tastes like strong pepermint," he stated.

Coughing, the friend replied, "Just like it."

The circulation in the pair of thin, brown, unsmoking fingers in a shiver was increased in the 40s last few minutes as on the past, now.

It is a factory produced device which simulates a real smoking experience by producing an electronically heated, water vapour lot of your lungs.

The selling fiction for the most part is that on a day occasions about 4,000 less chemicals than we吸ed in cigarette.

This new generation contains pharmaceutical grade nicotine, Propylene Glycol, food flavoring and water. It is the e-cig is a "safer" alternative.

However, concerns worry about the possible future ramifications that might come with filling your lung full of nicotine-enriched vapour over an extended period of time.

The product hasn't been tested long enough to determine long-term effects.

The e-cig may just be the latest new aged invention to date for the wrong reasons.

It allows people to "smoke" anywhere, anytime.

The most attractive branch of their trade audience known as "vapers." The being a minority part of the trade carry with them all forms of vices, as it is replacing to practice with a new marketing tactic.

According to the Tobacco Vapor Electronic Cigarette Association, "Market sales equally can between \$30 and \$100. The estimated cost of replacement cartridges is about \$100, replacement rods that cost more than \$100, a pack a day tobacco costs twice that.

China Wind sales manager at Weifang Kangkang said the product is today and "an alternative to smoking."

However, as finding the smoking sensations reaches your mind and thinking it has what it wants—changing the system in a way.

You might not be a smoker per se, but you're still relying on something to give you that quick fix.

If you truly want to quit smoking, this is not the best approach. Instead, consult your physician for help. And don't be afraid to try and try again.

The views herein represent the position of the magazine, not necessarily the author.

Letters are welcome

Speak up when letters to the editor. Letters should be

no longer than 300 words.

Letters may include the name and telephone number of the writer.

Letters will be contact

and the newsletter.

We encourage letters written

politically.

Letters should be no longer

than 300 words.

Topics covered: No right or wrong

anything

for publication.

Email letters to:

www.spartannews.com

with the subject:

"Letter to the Editor." Or bring

them to Room 1123 E

at the front entrance.

Letters should be no longer



Photo credit:

Production Manager/Cathy Kellie

Editor-in-Chief/Troy Lakin

Graphic Designer/Karen Lakin

Layout Artist/Karen Lakin

Photo Editors/David Berger, Kyle

Shawn Ross, Daniel Gagnon, Ryan

Brennan, Kyle Steele, Matt Davis

Photo Staff/Karen Lakin

Students learn tools of the trade

By Maria Lafferty

One of the main reasons the college offers over 100 courses at the "hands-on" experience. This statement was demonstrated at the recent annual Tool and Trade Show held at George Brown's Waterloo campus.

The trade show was created to benefit both students and suppliers. The students could see all manner of power tools, participate in demos and talk to various trade representatives about the products on display. Workers on the other hand, saw the potential of dealing with students from a low-intensity and involving potential long-term customers.

That's the one big benefit of coming to the show after putting the students to test out our staff and see if they like it, said Greg Warren, manager of communications operations at DeWalt.

There was a \$100,000 donation to the show, with a portion put into power tool grants for students studies the programs offered at Waterloo campus. Fellow workers came out for the show including DeWalt, Milwaukee and Wile who all had large displays with numerous tools for stu-

dents to try out.

The workers who came by the booth say the tools are really popular. They have a real interest and like showing the guys up. I think and think DeWalt is a good company," says the audience member.

The number of women is definitely growing. Every year there are more and more," says it will continue. I believe it will. Believe me."

George's students Georgia Carson and Jessica Lee from Waterloo for the past products event management program and were in charge of setting up the event.

In their program students need to complete 120 hours of workplace training within the academic year. George believes when all is said and done as regards to the event they will have completed half of those hours.

When asked what the most difficult part of organizing the event is, Carson said "getting the right contact information from the representatives on longer, such as the companies here today, so we had to remember and find who to contact."

Opposite Carson and Jessica stood for managers to come along for the day to help them out. She said, "I think it's great to have the people from the industry here today, so they can see what we do and how we do it."

DeWalt booth was shocked by the number of free tools that the workers were giving away with drives and power tools throughout the day.

Mark Cooper from DeWalt was running a game where students had to climb four steps onto a piece of wood as fast as possible. The student with the winning time received a bouldering hammer drill retailing at \$799.

"It creates competition amongst the programs. A lot of the competing programs take place in the Cooper said.

Both Carson and Jessica were happy with how the event turned out. One of their suggestions for next year is to figure out a way for the woodworking program located at the Danforth to organize a class field trip out to Waterloo so they can experience what the school has to offer.

Doug Lockhart, a carpentry professor and the faculty advisor for the trade show addressed the issue of getting students from DeWalt to Waterloo. "Most of the students here come during their lunch break, or between classes at Woodlawn so have students from DeWalt come up, but they bring them too and the legal



PHOTO BY MARIA LAFFERTY

Over 400 students came out to the sixth annual Tool and Trade Show held on April 22 at the Housing centre in Waterloo with everyone involved that always want out.

"The happy hour I turned out, nice job! I'd prefer a better room version," Lockhart said. For more information on the reason to visit offered at George's Waterloo campus visit www.georgebrown.ca/trades.



AN EVENING WITH JOHN LEGEND

THE ALL OF ME TOUR

INTIMATE • ACOUSTIC • STRIPPED DOWN

Mon, 12 May @ 8PM

www.theroyal.ca/touringroom
or 1-800-250-3030

**TICKETS FROM
\$30***
with **30
30**

*In person or phone
only, ask for details.

centre
IN THE SQUARE



PRESALE FOR CITY CARDMEMBERS
www.theroyal.ca/touringroom

citi



The strong atmosphere reigns at the head chef's station as teams work together to prepare their dishes.

PHOTO BY KELLY DURRANT

Iron Chef

... the greatest culinary experience in Waterloo Region

BY KELLY DURRANT

Interest in competing against the region's most talented chefs, Conestoga College culinary students lined up with their hats and attempted to "kiss" the other team in the third annual Iron Chef competition.

The event, which was held on Jan. 24 at Blythmore Marshall Hall, featured teams fighting it out in hopes of impressing the panel of celebrity judges.

The competing culinary students did not back out when

they were awaiting until the day before the competition. Chef Philippe Bertrand, an instructor of the culinary arts program at Conestoga Waterloo campus, said the competitors showed the audience to "execute a really big and sometimes stressful kitchen."

"We have some students come into the competition who have never had to do the culinary kitchen. Some of them did their future employment and employer based on the interaction that happens during Iron

Chef," he said.

In the same manner as the Iron Chef TV show where a new ingredient that must be used by all teams. The not-so-new ingredient was duck.

"Duck was my suggestion that year because it is an expensive product and most people do not cook it at home. I do it at a restaurant, but it is really popular and I thought it would be an awesome idea to have everybody cook it," Chef Bertrand said.

All of the restaurants that competed in Iron Chef

were local businesses and well respected within the culinary community. Some of the restaurants were Blackberry Moon, French Bistro del Diner and Whistler. The contest with each restaurant competing solely to give back to the community.

All of the proceeds from the event went toward awards and bursaries for culinary arts students.

For full coverage including

who won the competition see the Feb. 10 edition of *Waterloo* with a video at www.ironchef.ca.



Magnus Jonsson of Magnolia Bistro competited in the third annual Iron Chef competition. Above, the participants compete for the Blythmore Restaurant. Inset at Conestoga College's Waterloo campus.



ABOVE: MAGNUSSON OF MAGNOLIA BISTRO COMPETITED IN THE third annual Iron Chef competition. Above, the participants compete for the Blythmore Restaurant. Inset at Conestoga College's Waterloo campus.



ABOVE: MAGNUSSON OF MAGNOLIA BISTRO COMPETITED IN THE third annual Iron Chef competition. Above, the participants compete for the Blythmore Restaurant. Inset at Conestoga College's Waterloo campus.

Approaching sexuality in a positive manner

THEMUSEUM'S exhibit starts the conversation – "it's time for the talk"

BY AMBER KIRKETT

It's finally time for the talk. With *The Museum* of Sexuality exhibit having opened on Jan. 10 at The Museum visitors will be able to learn about sexuality on multiple levels with one important message – positivity.

The exhibit – originally called *Sex: A Tell All Exhibit* – was developed in 2001 at the Museum of Sex in New York City. Now presenting at The Museum – its fifth location – the exhibit has received generally positive feedback from visitors of all ages.

"A common misconception I started hearing out there is that while it was developed for those 20 and up, everyone was going to see it," said David Marshall, CEO of The Museum. "What we're all about is going beyond the exhibit and focusing on the dialogue and our advertising is focused on it's time for the talk. What we hope is that there will be honest discussions about responsible sexuality."

The exhibit is split up into five "areas" and all begin with the lack of a formal phrase, the beginning.

"That begins a positive respectful and frank way and it might help some teachers and parents who might be embarrassed themselves because the teacher has just been raised," Marshall said. "This

isn't a place that you go on your own."

The *My Origins* area shows new life and answers that question many have asked, where did I come from? The area is complete with an understanding of the source of conception all the way to the birth of a child.

The second room is based with life size images of both male and female bodies in fertility or elderly. The area is meant to emphasize the changes body and how everyone has a different body.

"One of the big things about this exhibit is that people talk around the issues when they are in or when they feel Marshall said. He added it is important to help users understand that sometimes not everything is perfect."

The life is You area focuses on sex and relationships with another person on a sexual level. A video about what happens during a sexual encounter can help people of any age understand their own feelings as well as that of the opposite sex. Father and love are also main key topics in this area.

He & Others covers a much more vague topic – what is on the mind of pregnancy or disease and solutions and who to talk to. The importance of this area is to understand that as long as the necessary precautions are still

thought through, sex can be sexually healthy. He added and healthy, but there can be consequences to ignoring them.

My Friend of Yours allows visitors to draw a message about what they know and how they feel about the subject of sex past about sexuality in general.

The exhibit is such with interactive machines – a line of bathtubs each with a different question can be pressed resulting in a real doctor answering your question. These can be answered in English or French as the entire exhibit is bilingual.

"If you stick your arm in there, here's a necessary thing – I think it's supposed to prepare you a certain feeling and Andrea Corriveau is a videotape at The Museum."

The exhibit is laid out the barriers of all types with video, audio and sensory materials.

The main message for young and old is that knowledge about sex and sexually can enhance a safe and fun experience, and that while anyone has the right to do anything personally they also have the right to speak up.

In the most iconic room, *Open Your Eyes*, it's a look at a sexual thing – but everyone may relate to sex. Marshall said, "but really will talk about it."



Above: A visitor to *The Museum* explores how an interactive activity can help explain methods of birth control and sexuality. (Courtesy photo by Luisa C.)



Waterloo students take to the Waterloo Town Square ice rink for the first time Saturday, Jan. 10.



Dr. Marty Morley speaks about the 2004 Winter Games.

Shaking and skating in Uptown Waterloo

BY AMBER KIRKETT

Despite the cold, Waterloo residents packed their skates and headed to Waterloo Town Square on Jan. 10 to Skate in Uptown. The event contains the elements of skating and dancing with a DJ and funky light to get the mood.

Dale McRae, a free family-friendly skating party series that was organized by the City of Waterloo and H2Oasis Waterloo. This was the fifth, and the event was held just last year H2Oasis' several events at the City of Waterloo's rink as well.

H2Oasis is a non profit group that was founded by Dale Lawrence, a Waterloo resident. It is composed of

a few local event organizers in Waterloo Waterloo. They have also organized events such as the Waterloo Santa Walk, International Roller Derby Day at Waterloo and the Water Gun Waterloo Battle among others in the city.

"I went to a skating party in Toronto had a blast and thought this could work in Waterloo. I knew my community and love to have fun," Lawrence said about the inspiration behind the event.

The night featured music from Dale McRae, Marty Morley and Waterloo to accompany the skaters. There were colorful strobe lights adding to the party feel. Free skating tops were given to

those who braved the cold along with hot chocolate to keep the participants warm despite the temperatures dropping to 15 degrees Celsius on Saturday.

"My kids and I try to come skating in Waterloo so Waterloo gets a lot of people," Morley said. The skating and the glow tops made it more fun for the kids, said Dale Chastain, a Waterloo resident. Chastain said his children already want to come to the next Skating in Uptown.

Part two of Skating in Uptown will be taking place March 1 at Waterloo Town Square, playing rock featuring music from Randy Rogers Crew and Victoria. For more information, visit [lawatwater.com](http://www.lawatwater.com).



CAMPUS GAMING LEAGUE



WE ARE LOOKING FOR SERIOUS PLAYERS WITH A COMPETITIVE INSTINCT TO PARTICIPATE IN THE PROVINCE'S FIRST CAMPUS GAMING LEAGUE.

CONTACT ZACK AT Z00062@CONESTOGA.ON.CA

FOR DETAILS OR MORE TO GET INVOLVED:

CONESTOGASTUDENTS.COM/CGL



#NBA2K14
#CONESTOGA
#CSTUDENTSINC



YOU WILL BE FIGHTING AGAINST GAMERS FROM SIX OTHER COLLEGES ALL AROUND ONTARIO



THURSDAY FEB 6

Speed DATING

18+

Limited seating, while tickets last

\$5 for GALS \$10 for GUYS

Chance to win a **GIFT CARD \$40** For the HOTTEST date spot in town! Kettle corns available for purchase at event

POSTCARD TO THE Global Senate Leadership Team

STARTS 8 PM

In the SANCTUARY BAR OPEN!

Brantford Student Leadership

CONESTOGA STUDENTS INC

Fashion 2014: What to expect

BY BRADEN HORNIG

Looking back at 2013, the world saw some of the greatest trends in hot photo shoots and runway. New styles were born, and old looks were given a fresh twist. But as they say, just as the old and in with the new. He is here to put to rest those old trends and introduce our horizons for what 2014 will be bringing to the fashion world.

As mentioned much by Ralph Lauren and Alexander Wang, we putting on their pin-fold button shirts and clothing items are steadily approaching. This launch of spring has the mid-February date one question comes to mind: what will we be wearing this spring 2014?

"Well, we do know for sure that this spring is the time where designers will turn their focus down as they bring out fresh and colorful floral prints and never look back. Really any thing that involves 'Spring' is here and we like it."

What about winter, you ask? Every fashionista thinks months of advance about what they are going to wear. Even though it's only February, the calendar is already March in their minds. He gives example of that come from China Man, a fashion consultant at Town Square Premium Outlets. "I'm excited for 2014."

All of the steps below are already showing their diversity and it's making me anxious to start shopping up but the weather is showing me down. Town Square also has their spring line coming out too and from what I've

saw, my shadow is going to come in pretty hard. For 2014, I predict that fringe hair will come into play. You know the whole ripped jeans, plus shirt and around the waist look. I like it, but it has to be done right.

What can we expect for men from 2014? Well, for starters a whole lot of urban Expressions. Top hats sounding out, Range Rover is putting out his own line of leather. One of your skins of the Air Force is there, then yours in back.

The 20-year-old Chomsky agrees but tends to deal with fashion to make his own style one. Don't worry ladies, not only will the fall trend great new items to consider, so will you. Michael Jacobs has recently signed a nice deal with pop sensations Miley Cyrus and Britney and the Day star Sarah Jessica Parker.

Men are finally getting the credit they deserve in 2014 and the last only the male models in front of the cameras either.

There is a new trend on the winter side, the Photo Designers are working harder to give more the statement pieces they desire, without straying huge chains and popularity.

As what designers are using are plain and simple, no need to overthink the pieces?

Trendy designs will Christopher Kane has both turned up the heat and as Michaela could say in the same. These might take a chance.

Clothes shoes and even some items to the count structures on the minds of

men as us and running for 2014 but what about the rest every year aside from her mother's iconic power cup? Michaela said she began and better than ever before. MAC Cosmetics has a lot of great things in the works this year, with cell phones with Poly Cellular and Reference. Not only that, they just launched their first collection for spring called A Fantasy of Places. Local MAC artist and fashion business administration student, Jonathan Doe has the inside scoop of what MAC has planned for 2014.

"A lot of the new MAC collections are bringing color and glow back. Lots of skin care and makeup are in as well. Even though nothing is a favorite look, it is so last year. That you it is all about the shiny look. When I'm home, nothing on store that MAC is really bring back online. Right now their Punk Couture line is filled with shiny colors such as rose-orange pigment, and that seems just awesome indeed."

Other stores accomplish and making nothing new or different about them. But 2014 is making its move like nothing will be the same about them.

"The place working with regular items fashion lines are becoming more daring and edgy. It's changing how we will see someone's face again. It's an exciting year and this what has been announced. But for what hasn't been have your seat belt strapped because the looking like it may be a crazy and wild ride."



PHOTO BY BRADEN HORNIG

can step up autumn you as in a mirror on in your favorite. There a pair of black jeans and a blue pair of jeans colored shirt in the thermal that covers your waist and you're afraid colors that are both cool but threat in terms of your favorite accessories like a pair of sunglasses and a jacket made with your favorite apparel for spring.

Residence Fear Factor more disgusting than scary

BY CHERYL SCHILLINGER

Students who participated in Guelph's residence Fall Fodor contest faced some of the challenges hard to resist.

"Two of the four rounds consisted of eating something unpleasant, with one round requiring contestants to eat whipped cream covered in hot sauce."

Another round had them consuming a cup full of sourdough.

"In parity case I want to eat citrus dinner tonight because it was pretty gross and Michael Darragh, a second-year architecture program participant, student. Like my ears are still burning from the hot sauce."

Darragh was both strong

rounds but Shreya Deshpande, a first-year public relations student won the other two rounds.

One involved digging through bins of ingredients to find packets of mustard and then figuring out which word used to spelled using the first letter of each mustard name. The other was in app game.

The contest went to a tie breaker when whoever could eat the longest without stopping with the prize: a large pizza.

"I don't really care," said Darragh. "Personally I was going to do the tie."

Deshpande was surprised to win.

"After she ate the mustard I was thinking that was gonna be me," Deshpande said. "But I guess not."



PHOTO BY CHERYL SCHILLINGER



PHOTO BY SCOTT ANDERSON

Shelly Smith, a Spokane reporter, reads tarot cards for fun. Here, she is in around 1910, during World War I, depicted in a card game involving cards similar to the ones played today.



Stand Out from the Crowd

Graduate Certificate Programs:

- Business Ventures – Small Business Ventures
- Career Development Practitioner
- Community and Social Service Management
- Event Management
- Financial Planning Services
- Global Business Management
- Green Management - Sustainability
- Human Resources Management (May and Sept. start)
- Professional Accounting Practice
- Project Management (May and Sept. start)
- Social Media Marketing

Target Specific Career Interests through Active Learning

To learn more contact:
jwhumphrey@comestogoc.on.ca

APPLY NOW FOR SEPTEMBER, 2014

The Future Foretold

A first-person account of a tarot card reading

BY SCOTT ANDERSON

Spokane College students had the opportunity to receive a glimpse into their future at the Secretary on Jan. 23.

International, elementary education, business, fine arts and academic students visited a restricted back room workshop. The last few days before spring break, given its word got around that there was a fortune teller on campus. I arrived at noon just as it was starting and already there were about 10 people in line. By the time it was my turn to get a reading, I had waited nearly an hour and a half.

Curiously, instead of playing cards or gazing into a crystal ball, someone who claimed to have played today's game has been around since 1800s century Europe. The "Secrets Board" is made up of the major arcana (22 living cards) and the minor arcana (56 suit cards). Some were tarot as well, but they are mostly used spiritually and for fortunetelling.

I was scared, as I have a lot of cards and nervously do readings for myself or other people, so was never scared to have a reading done by someone else. However, I don't claim to be a clairvoyant and just did the readings for fun.

She asked me to think of a question without saying her or keeping it secret and while she read the tarot cards.

She first asked if I was in my second year of college and I'd been my last year for which I replied that I was. This is sort of a general question, as most programs offered at Spokane College are two years at longest, so I was not surprised that she got this right.

"I feel from your cards that you're very much your intended destination?" That was nice to hear, but

it wasn't something I didn't already know or think. It was another general question that I could of course answer yes to. It was still nice to have my intelligence acknowledged.

"I hope that you're doing something really really good that's going to bring you good money."

I added a little bit at the end. "Journalist." She almost seemed shocked. This is a very common profession. You have to be good at your craft to make a decent amount of money. It's one of those careers where you can get stressed to the max to basically live the life of a writer. So writing. I'm hard work. And I am very creative.

According to a 2010 statistics from the Professional Writers Association of Canada, their latest income which has historically been low, are shocking. Just to give a bit of a perspective on what a journalist makes, as many start out as freelancers or contributors to a publication, the average yearly income across the 100 Canadian writers that PWA surveyed was just over \$13,000 before tax.

"I am sorry, career switch. I am sort of management level moving up in the world getting up there in life. I think you're going to be really really good. But I'm not going to happen right away, probably not going to take a full year. Boom. There's my question. I wanted to know about money and career. How did she know? I figured it was a likely chance that she would have something to say about the right way, even because it's one of those questions that a lot of people have on their minds especially in today's economy." Then she was a college with a lot of people graduating soon as the pretty much a given.

"I don't know if you're planning anything near the status quo, but I am working in like... May or June."

Hopefully this is a good one. We both hope that I can find work this summer or part-time or work as a graduate research assistant at the Uni-

versity I currently employed at now and once I'm not a student anymore, or that's something to consider. I like the positivity.

She also gave a reading on my future. But toward the end of session. I was not sure because my family is planning a vacation for the end of August and something in the session. However she did add it will be later because by saying it will be either vacation or a vacation.

"Do you have a little bit of a problem with your family?"

"I do, but I've also been told that I grew all the way up until about 18. I think that was single on my planet."

"That is a good thing, especially. It gives you determination, that strength and confidence. You seem like a really good girl and I would just say to you, it gives you a little bit of a confidence, you're here to help us grow here."

Finally, when asked one to tell her my question as well as what I'm taking in school she commented on how money and career were the first thing I talked about during my reading.

"Clairvoyant?" May I ask one of these people on TV that are psychics and that I can make millions making a lot of money? I see you might play in that direction being on TV. That's a very pretty girl. I think it's time and your place to do very well."

We were in corner much like situations from someplace strange, but I couldn't help but in a little except. While she was not enough, I felt that everything she said was completely predictable, except for the one in a college full of people who are hopeful for money and success. It is also to be assumed that most students will have a summer job or be looking to get one especially a blog or Java too much money than earned by the end of April.

Overall the reading was an interesting experience but I don't know if I was worth the long wait. However, I thought I didn't have to pay for it.



Soccer teams exit before semifinals

BY KAREN HARRIS

Despite a lack of players on the women's side, the team still had a tournament at home, both Concordia women's soccer teams played well, although they were knocked out early.

Both teams were eliminated before the semifinals.

During the women's final game of the day they played with only one sub after having a number of players leave due to commitments at school. Even though their lineup was cut down, player instead of the usual 10, Concordia still they played amazingly well, making up a three way tie for the win in the semifinal but was eliminated due to having the highest goals against average after their two games played. Another reason for the big upset during their final match against Carleton is when their coach, professor Geddes, Whited, was injured. She was replaced by substitute Amanda Orlitz.

Twenty seven goals were made against and 16 goals were scored by the women's team. Despite their victory, saying that took the first time they have been ahead of players and it will likely not be the last time because the ball bounces due to the players being on a weekday the players have other responsibilities attached which led up to being most of a penalty.



A player from Concordia College's women's soccer team scores down the field during their semi-final game on Sept. 18.

PHOTO BY CARIN HARRIS

While the women were helping players the men certainly did not. Their under 16 team had 15 players through out the tournament, but they were still missing key players. However despite the team's strong defense pressure their defense was lacking. In both

of their games they held an early lead, most notably the very their final game against Carleton, where they finished the first half of the game up 1-0. The second half was well fought, however their offense couldn't find another marker and the Carleton ended up

beating 3-1.

Player used the defensive position to set up goals. That results in no goals on offense, although they lost the tournament, Concordia believes that has a confidence building effect.

In addition to the women's team, the Concordia men's

soccer team competed in the tournament and played well notably in the semifinals where they fought hard and tied the game ending the game 0-0. Thanks to their overall defense and protecting the places team was able to carry on and win the tournament.



PHOTO BY KAREN HARRIS

Concordia University Advanced Center students Victoria Pern, left, Alyssa Danchuk, middle, Anna Linn, Shaele, Kylie Van Allen and Nicole Hobson are competing and fund raising for Dodgeball for Disney. The tournament that goes on Saturday, Sept. 18, is raising money for the non-profit organization.

Sign-ups for charity dodgeball end today

BY KAREN HARRIS

On Sept. 18, the students of the advanced physics students project will be holding the sixth annual charity event in memory of Disney Hansen, son of physics teacher Hansen's former student Colleen Hansen, who tragically lost her battle with cancer at the age of four.

This year's event titled Dodgeball for Disney will see the six-center playground host a dodgeball tournament, as well as a barbecue all happening between 1 and 4 p.m. The location, once again is open to anyone with names

consisting of 8-10 players at \$10 per person.

Prizes will be handed out to the team with the best uniform, the most money raised, as well as the best team in the tournament, which will also receive a trophy.

All proceeds will go to the Hansen Foundation, in which Colleen participated with in the Disney Plan. Each year the charity and its supporters attempt to raise enough money to send a plane full of children and their family members to Disney World. The money is donated to allow the

plane and those of children who are terminally ill as well as their families. They also hope to grant wishes to 10 children who are unable to leave hospital.

A total of approximately \$1000 CAD is needed to make this possible.

The dodgeball tournament is being held at a total of 10 to 20 houses, with the Guelph Police Service already signed up in part of the action.

Dodgeball for Disney day for entry only. Dodgeball sign-ups can be picked up from Hansen or the website or by contacting Dodgeball for Disney at 519-824-4511.

Varsity check-in

Concordia University's women's basketball team was busy practicing and competing in various tournaments in Ontario and the north will be no exception.

The weekend of Sept. 17 the indoor soccer team competed at Guelph College's tournament. The women's team made it to the semifinals and the men's team was eliminated during the quarter-finals.

The women's basketball team is currently practicing in their upcoming regional tournament at Lakehead College on Feb. 7 and 8. Last year they did not place high enough to compete in provincials; however this year they look to change that. Coach Michael Stein said earlier this season that he was emphasizing the fundamentals of practice including basic development, which he hopes will result in them improving making a percentage.

Once their return after the holiday break, the men's and women's volleyball teams have been busy playing games, however only the women's team has had any success. Their season has seen them win a few games and losses. The women's team is 0-3 with losses to Waterloo on Sept. 18 and 19 due to poor weather conditions the games were postponed. The upcoming schedule for both teams can be found in previous issue.

The men's and women's indoor soccer teams will be competing at Orange Grove College's tournament this Friday. All-conference-only two tournaments remain until the teams start to play their regional tournaments which will take place between March 8 and 12.

Generous donors here to help

Students can get financial assistance from the community

BY KELLY FERGUSON

Carleton's College office is ready, ready of scholarships and bursaries but did you know that there are grants, awards and even some funded awards scholarships and bursaries available too?

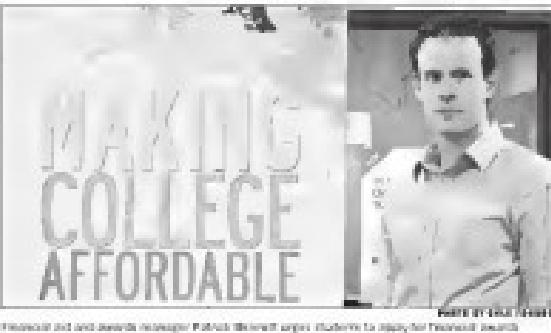
Carleton, as fortunate as have many generous donors who contribute financially to students in certain programs as well as by scholarship in sports and academics, and the students who have financial need or who go above and beyond in the community.

"We have a variety of donors who range from individuals in the community as well as corporations and foundations and financial aid and awards in excess," Patrick Bennett,

Student can apply for all the awards with a one application through the college website for the school period.

Students can access the single application by logging on to the student portal clicking on the financial tab and then cut a profile which highlights what their achievements are and their financial position. Then we can see that information to see what bursaries awards and scholarships would be a good fit for them.

Students better get the jump on filling out the application at the deadline of Feb. 7. Students can also make changes if their financial situation changes or add any other necessary information until the deadline.



Eating Disorder Awareness Week

February 2 – 8, 2014

For more information and help, please contact
Counselling Services, 1A101

Keep your furry friends warm and happy

BY KAREN PAYNE

Just because they have a tail or four legs doesn't mean that all animals are equipped to deal with the extremes, temperatures, weather patterns. Consider this winter.

With weather dipping in and out of negative double digits, Canadians are questioning whether they should be taking their pets outside.

According to Tracy Lareau, an expert in the Veterinary and Animal Human Society (VCAHS), when dogs are taken outside for walks it is important that their paws are given proper protection and care.

One option she suggests is putting a pair of padded animal dog boots for your pet dog. Though she admits that many dogs are not fans of the sensation, caused by having their paws covered.

"If your dog will not wear boots – then the best idea is to coat their paws in petroleum jelly before heading out into the cold," Lareau said. "To help to keep the cold and ice off their feet and if you have to go outside again after your walk, clean their paws with warm, soapy water when you return indoors."

However, not all dogs like being washed and some are very hard to convince out side. A little research by the Canadian Veterinary Association revealed that some animals are hard to be洗，such as her family's

Cat's Paws.

In the latest Payne and her dog release, snow made due to the fact that it has been hard to return outdoor to protect the livestock such as her family's sheep.

"We have a goat with dry skin out of the wool of the sheep to sleep there normally she does not eat hay Payne at the latter. She can be found outside tucked down on a pile of hay. I should also mention that she will not come into the house by her choice because it is too hot for her."

Lareau said, "The best insulation for a doghouse is straw – and lots of it. If done properly the dog can built it up and burrow in it. Blankets on the other hand – if the dog gets wet then goes and lies down on the blanket – it just transmits the wet to the blanket."

The doghouse should also be on the smaller size to help insulate warmth.

If the temperature is too high there is a lot of air flow that can get around it, making it very hard to keep warm, Lareau said.

Of course, it is hard to keep your pets indoors all the time so where they have to go out insulation is a must. There is a with a coat or blanket after bringing them back indoors. Not only will it help them take the chill off but it is also a great time to get a few good warm cuddles in as well.

Small store, big personality

BY CALVIN THIBAULT

If there is one word to describe Blue House Gifts it would be "different." The quaint shoppe which opened last December on the lower town Del's ave of Gaspéville carries a wide variety of gifts and novelties. Items range from novelty and whimsy to rustic and toys.

"I like different things and Ann Dubois, owner of Blue House Gifts, 'You know you're trying to buy for many different generations and tastes so you have to have a nice mix of items on your store. I try to get some Canadian products and some classics. I tend to carry popular items and I have always done a lot at Christmas."

Dubois' son has pull along in Blue for 10 years and the building she was renting was sold.

"I had been searching all to look around," Dubois said. "I was looking the east of that parking spot and I saw several different locations, but I settled on this one. I liked the fact I like the location. I like that the road is busy and we have a big parking lot behind the building here. There is enough parking for customers."

Dubois came from Gaspé originally. She ran a store in Gaspé for years before opening up her shop in Blue, with



PHOTO BY CALVIN THIBAULT
Blue House Gifts is located on Grand Avenue South in Gaspéville. The shop sells toys, novelty clothing and many unique items.

now a happy to be back.

It has been good. She says things about "being here as opposed to Blue" or there are others who like the store and people walking by. Dubois said, "I, lot of my good customers who have been dealing with me for years are coming in here again, more than they used to go to Blue. I think the long run is going to be a really good year."

The new store has a bit of character with hand-dried flamingos and a stone wall which seems to fit perfectly with the surroundings and people.

I love it. It's simple. Does the other business feel like the high end? And the stone wall, it is just what I need right now," Dubois said.

Dubois deals with over 100

suppliers in Canada and other countries around the world and often goes to gift shows to find that special something to add to her collection of items.

"I am always looking for something new, different, classic. That's why I think it's very easy. I tend to go in every month to the gift show. You might just find that little something that really fits with having in your store."

Coffee is the new 'memory tonic'

BY ASHLEY BURBANK

Students pick up their coffee mug. If you don't drink a morning cup of java, you might want to reconsider. New research shows that it might have a surprising perk that would be especially welcome for students.

Research conducted by psychologists and neuroscientists at Duke University shows that coffee helps boost the brain's pattern recognition skills in the ability to tell the difference between two objects or events that are similar, but not identical.

It takes an average of two small cups of coffee or one strong cup to boost the brain's pattern recognition ability. The stimulant will strengthen the memory. Up to 24 hours after the cof-

fee has been consumed.

For this research, researchers studied over 100 people who were not regular coffee users. Below the researchers gave the participants a dose of coffee. The participants were shown a picture of repeating objects. They were then divided into two separate groups. One group was shown a task where they had to identify the objects in a placebo and the second group was given a 200 milligram caffeine tablet. Each participant then left and returned 24 hours later. They were asked to recognize images that they had seen 24 hours previously that were either the same pictures as they saw before, new images or smaller images that had been slightly altered.

In a article on CBC news Michael Tse, a co-author of the research paper and an assistant professor of psychology at the University of Guelph, was quoted as saying, "We found that those who are administered caffeine actually had better retention of the information we taught them the day before. The coffee enhanced their ability to remember. This study was unusual in that it's not a typical coffee drinker," he said.

Pattern recognition is our brains' ability to sharp and keep them putting just this up. It can be such a crucial tool to humans because it helps us recognize whether a piece of information is normal or if it should be assigned a new meaning as our brains' memory bank.

Based on this research, students will most likely benefit from a cup of "memory tonic" as it will help with that lecture that you just don't understand. For much of it otherwise you might experience symptoms such as dizziness or head aches.

she said.

The company's prices of items at the gift shoppe as well as to get an idea of what other people are selling the products.

"I'd like to try to buy the best price I can, but you will see sometimes the same product with different suppliers the price is different so you

Dubois said it is hard to say which is the most popular item, but her candle shoppe is a favorite purchase. The all natural candles are made on Gaspé and burn for 100 hours. They come in 12 different scents and cost \$21.

Located in the back corner of the store she sells unique clusters of old wind-up toys.

"I have a lot of customers who collect them. There is a man and he is almost 90. He comes in every year and buys one for his son. They are fun and just different. People also like toys like that," said Dubois and.

If customers are looking for a specific item, they can come into the shop and see Dubois and she can sometimes get what they are looking for.

"I feel like I am part gift shop, part business owner. I have people who are very easily happy in the gift shop," she said.

You might just find that little something that really fits with having in your store."



PHOTO BY ASHLEY BURBANK
Carolyn Wickens, author of *What Women Notice About Carolyn's Coffee*, drinks a cup of coffee and has a glass of water around her finger to help keep her morning coffee down on Jan. 23.

Insert random national day here

BY KAREN GRIER

Do you know what international or national day your birthday falls on?

Countless students and grads were asked if they could answer this question and when they couldn't, they received some pretty interesting answers.

A national day, as defined by Wikipedia, is a designated day when celebrations take place marking the independence of a country.

Obviously, national days are also referred to as a national holiday depending on the country that celebrates it. However, many mean that people such as teachers and government officials have the day off.

However, the majority of the 1,000 days that celebrate a particular food, object, place, saying or way of life, those of these days can probably make up or include such as the Year of Fabulous Wild Blue Day (Jan. 15) and International Moment of Peacock Economic Day (Oct. 15).

Though some of these national days are a little on the whimsical side, they are all genuine national days no matter where in the world you are.

When in Waterloo, consider the website that lists the list of days which has been listing around 5000 words such as Pancake and Potato.

The site doesn't include several holidays that are currently recognized around the world such as Christmas or Thanksgiving.

The Martin Luther King's birthday, but at least even realize that? Jan. 15 is just MLK Day and Aly Smith is first-year postsecondary communication (FPC) student.

Other students such as David Burton were eager to tell us what day their birthdays are.

Burton, a first-year PEC student, couldn't have had a better national day fall on his birthday April 19.

"National Look-a-Like Day?" That's perfect! I have a twin brother," Burton said.

Some students would have preferred to have celebrated their birthday with a different day. Dennis Edwards, a third year computer programming student, thought the day his birthday fell on (February 20) on Robot Day and Drive Every Day were equal.

"For years in my mind I wanted to have a birthday where

birthday falls on National No Jet Lag Day."

Spencer Gaugh, a second year radio broadcast student has a birthday which falls on Buy A Musical Instrument Day. His friend Mike Ditch who is in the same program and year as Gaugh, said he was going to buy him a banjo this year to celebrate.

Ditch, however, realized that he shared Gaugh's birthday (March 24), also finding out it falls on the very obscure Museum Curator's Day.

According to an explanation on the website, people do care. Museum Curator's Day Day is a day to celebrate education and the hard working people who bring the past to life.

So in addition to your birthday, you can celebrate a national or international day as well. Like an added bonus of your birthday falls on something good, like Edwards' or in this case, Ditch's, it would not be quite as good if it happened to be something weird.

To see the full list of international and national days or to see which day fell on your year (from the beginning year), visit [TimeandDate.com](http://www.timeanddate.com/calendar.html). Look in the sidebar/bottom right, page 555. (Morgan Smith/Brigitte)



Photo: ANDREW LEIBENGUTH FOR THE STAR
Lovingly penitent, Miles Daniels, 20, stands in front of his apartment on Jan. 28. Having been born on Feb. 20, his birthday falls on National Love Day.

Largest fair of its kind in the country

JOB fair

Network 4 Success!

Wednesday, February 5

10am – 3:30pm

RIM Park, Waterloo

- Hundreds of jobs – one place, one time
- Hiring for full-time, summer, co-op, contract and part-time jobs
- Free transportation to and from the Fair
- Admission is FREE and restricted to degree/ diploma students and alumni of the four sponsoring institutions with student/Alumni ID

partners4employment.ca





HOROSCOPE

Week of February 2, 2004

**Aries**

March 21 - April 19



Focus on a well-rehearsed show, but don't let it get in your head. Answer a comment or sharp retort this weekend. Rhythms.

**Libra**

September 23 - October 22

Some things come on reward, you could use a touch of your class. Just try to be polite when offering your well-rehearsed answers. This weekend: Rhythms.

**Taurus**

April 20 - May 20

Take steps to help move one ball at a time. Doing things need to work through one ball at a time. Let them know you are there if they need you. This weekend: Rhythms.

**Scorpio**

October 23 - November 21

Start moving from the dreams and do your own thing. Put the outside in, and go in a poetry if that's your thing. This weekend: Rhythms.

**Gemini**

May 22 - June 21

You look good and you feel good. It's time to enjoy the good and hit the town. This weekend: Rhythms.

**Sagittarius**

November 23 - December 21

Focus on a situation right now that just won't work. Get out of it. Should be a bit easy. This weekend: Showdown: Chorus.

**Cancer**

June 22 - July 21

You're invisible and you make people around you happy. We get lost those and spend time with people. This weekend: Applications.

**Capricorn**

December 22 - January 21

Capricorn: Instead of over planning yourself in emergencies, why not take a look at the huge scope you've taken recently? Focus on the fun. This weekend: Great.

**Leo**

July 22 - August 19

Something is bothering you and if you don't work through it now, you'll find that it is a distraction when faced with more important issues. This weekend: Quality time.

**Aquarius**

January 20 - February 18

One of these situations where you do it, no one will. You throw under pressure. Level up. This weekend: The Path.

**Virgo**

August 23 - September 21

There's no room for a break. Decided of being naked, so change the scene to try to take a load off. This weekend: Rhythms.

**Pisces**

February 19 - March 20

You've got a big opportunity by coming up and prepared to have an open mind about all the different events. This weekend: Portfolio.



"What if everything you know was...?"

Epiphany: Strength ten 1 the book passes to safe.

FUN & GAMES

On Cliff



©2004 Comix Team. The world of On Cliff the Librarian

Useless Facts

Surfing is done at coast of Blackpool, UK.

There were 240 pedestrian fatalities in New York City in 1994.

In Japan, watermelons are squared. You have to stack them that way.

Bird droppings are the chief export of Peru, an island nation in the Western Pacific.

Sudoku Puzzle

8			2		5	6
1			4			
9			7		3	
7	8					
		8		3		9
5	3		6	1	2	
	5		9		8	7
6			3		2	
8			1			

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9 without repeating any.

Word Search

Board Games

Y	S	T	A	C	H	E	C	E	R	S	A	N	K	R
Y	C	T	E	U	S	R	U	P	L	A	V	I	R	T
S	A	O	H	A	M	R	P	S	P	Q	E	S	Z	Q
C	T	F	S	T	E	E	T	L	T	N	K	A	S	R
B	T	E	U	W	U	C	E	P	B	D	I	J	A	
A	E	R	Z	F	I	L	N	T	S	C	N	S	B	H
B	R	A	A	I	C	E	I	A	Y	A	E	S	I	O
B	E	T	L	H	F	U	D	R	A	L	M	R	P	C
L	O	I	A	S	S	Q	H	H	H	E	D	B	B	B
E	R	O	C	E	F	E	A	P	T	B	S	A	C	L
Y	E	I	H	N	N	L	E	S	R	H	E	S	R	Y
X	E	Q	A	T	F	N	Y	C	E	A	S	H	A	Z
B	I	S	T	N	T	E	S	R	T	E	C	N	V	X
H	M	S	X	G	A	L	U	G	A	Y	O	N	U	P
A	P	Q	C	B	T	C	D	C	P	F	N	O	S	Y
Y	U	B	A	C	E	S	R	M	M	O	N	U	N	L

SCARAB
RISE
UNO
CLUE
WHITE
DICTIONARY
BAGGAMON
LIFE
CRANDUM
SCATTERBODIES
TABOO
OPERATION
SEQUENCE
CRAYOLA
BATTLESHIP
BLOCKUS
CATOPHRASE
TRIVIAL PURSUIT
CHECKERS
CHESS
BALDURASH
MANCALA

\$2 Tuesday

in the Sanctuary

brought
to you by



© Conestoga Students Inc.



CONESTOGA
Conestoga Life and Learning

COMING SOON

2014 KPI Student Satisfaction Survey
February 3th to 7th 2014

Your student experience is important to us!

Help Conestoga identify our strengths and where we can improve.

This survey is mandated by the Ontario Ministry of Training, Colleges and Universities and is part of Conestoga's accountability to the government. All students who have completed at least one semester at Conestoga will be asked to complete the survey in-class during the survey week. Every student at every college in Ontario will also be participating in this survey. Thank you for representing Conestoga!

Survey and graphic supported by CII

